

Dynamic operation of a human-like three-segmented leg during bouncing gaits

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I. Background

- Multimodal locomotion (standing, walking and running) is supported by **three-segmented leg operation**
- Previous work [1] investigated leg configuration stability in the static case
- Little is known about the **leg segment dynamics** during bouncing gaits

Our question:

How individual elastic structures at the joint level influence the kinematic and dynamic leg behavior?

II. Methods

Task: Passive rebound after free-fall drop

Monoarticular structures

$$M_A = c_A(\theta_{A,0} - \theta_A)$$

$$M_K = c_K(\theta_{K,0} - \theta_K)$$

Bi-articular structure (Gastocnemius)

$$\theta_{Gas} = (\theta_{A,0} - \theta_A) - r_{Gas}(\theta_{K,0} - \theta_K)$$

$$M_{Gas} = c_{Gas}\theta_{Gas} + d_{Gas}\dot{\theta}_{Gas}$$

$M_{A,Gas} = \max(0, M_{Gas})$

$M_{K,Gas} = \max(0, -r_{Gas} M_{Gas})$

ratio of lever arms at knee and ankle joints (i.e. l_K/l_A)

Leg operation indexes:

Kinematics: **Synchronous flexion**

Phase difference: $\Delta\varphi = |(t_K - t_A)/t_T|$

Dynamics: **GRF direction**

Horizontal impulse during the stance phase

$$I_h = \int_0^T |F_h| dt$$

F_h : horizontal force

Initial leg configuration $\Delta\theta_0 = (\theta_{K,0} - \theta_{A,0})$

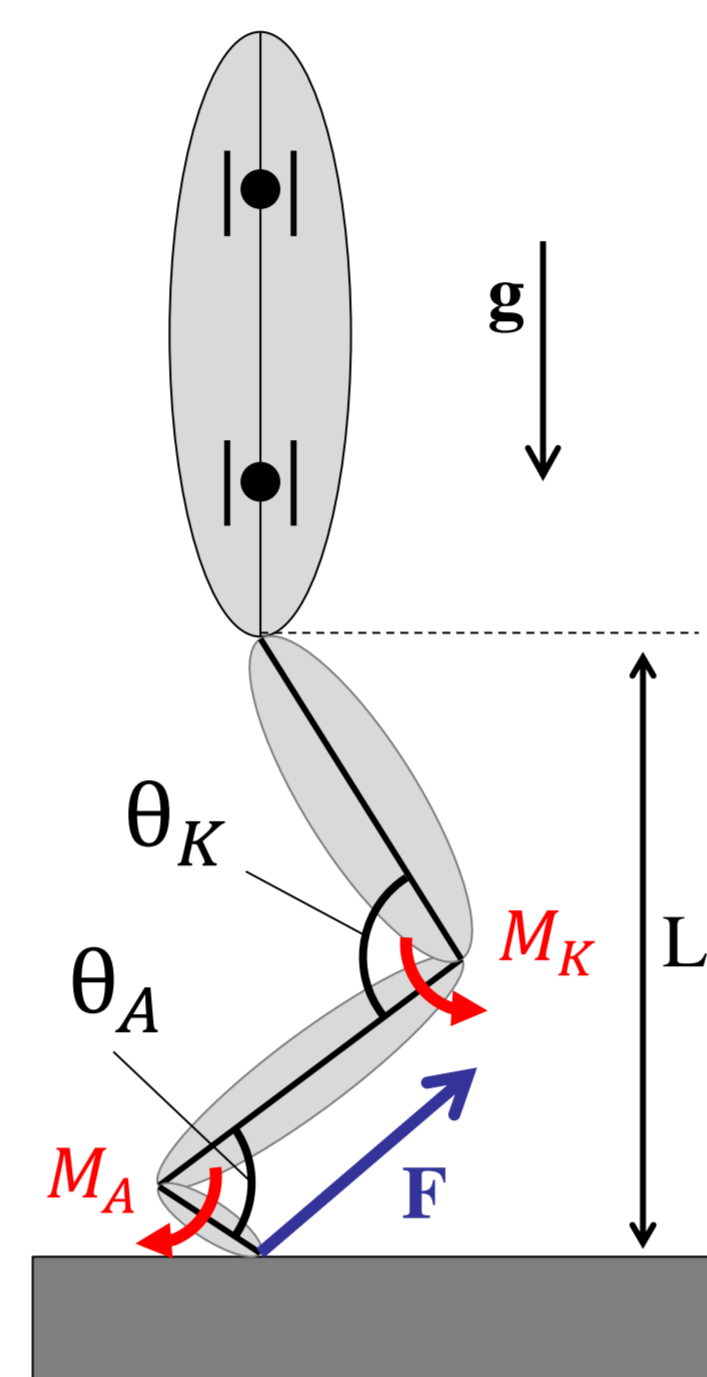


Figure 1: Simulation model. The motion of the trunk is constrained to 1D vertical motion. Segment properties are taken from [2]

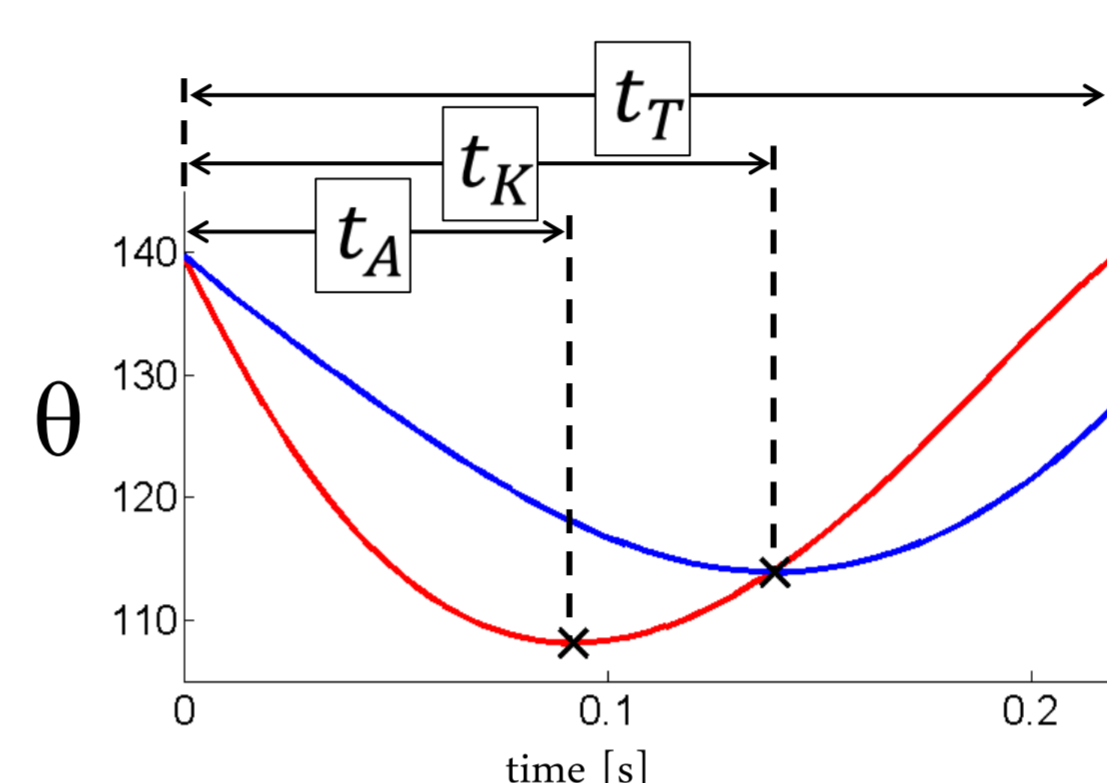
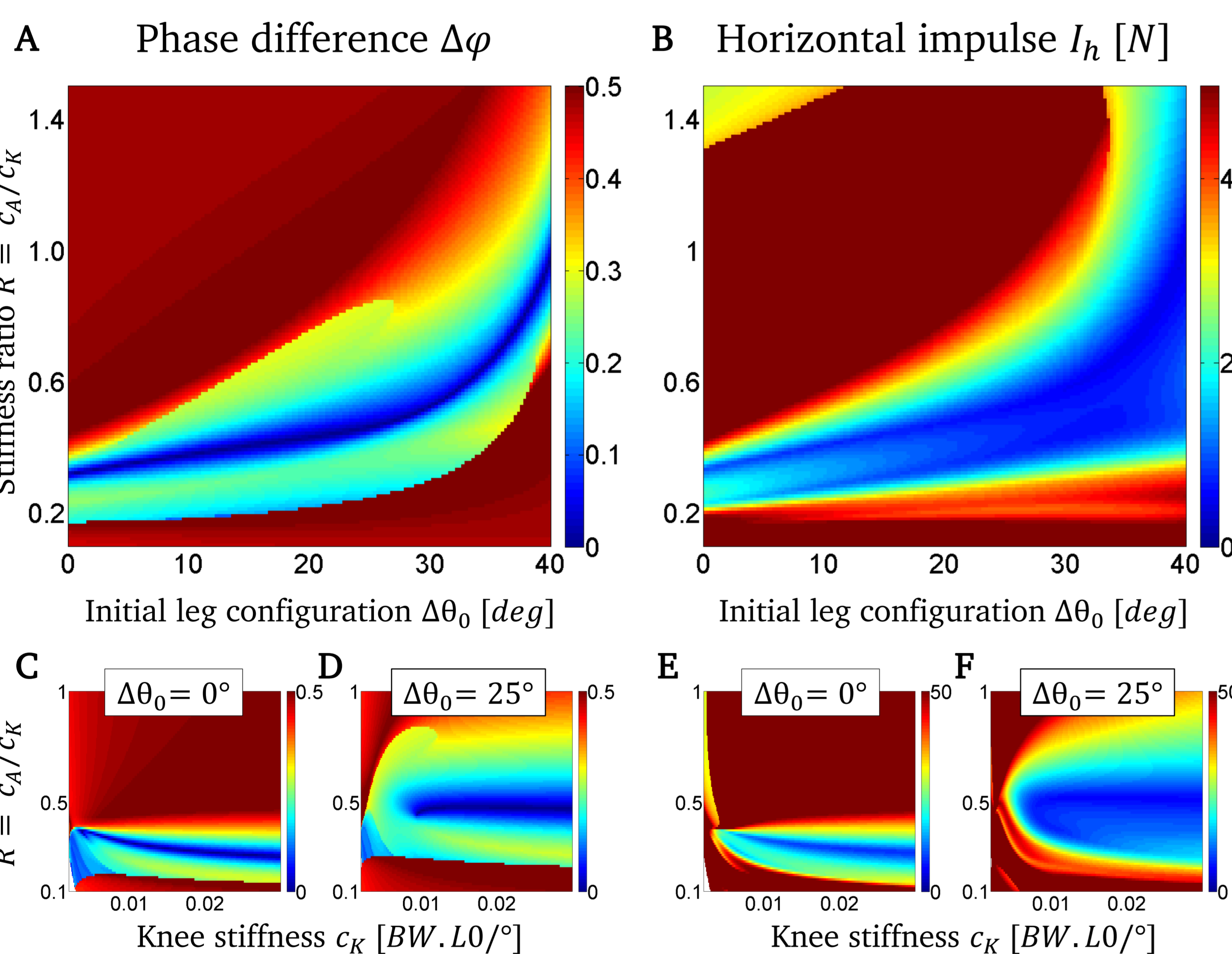


Figure 2: Example of the time series of the ankle (red) and knee (blue) joint angles. The indicator of the coordinated motion of both joints, the phase difference $\Delta\varphi$, is computed using the timing of the maximum flexion events, t_A and t_K for the ankle and knee respectively.

III. Results



A. Monoarticular structures only

- Good performance with respect to both indexes (i.e. synchronous flexion of knee and ankle joints and low horizontal forces) can be achieved with the same joint stiffness adjustments (Fig.3-A,B)
- The stiffness ratio R must be adjusted depending on the initial leg configuration $\Delta\theta_0$ (Fig.3-A)
- Asymmetric leg configuration ($\Delta\theta_0 > 0$) reduces the sensibility of the behavior w.r.t. to stiffness changes (compare Fig.3-C,E to Fig.3-D,F)

← Figure 3: Simulation results with knee and ankle monoarticular structures

A & B: influence of the stiffness ratio R and the initial leg configuration $\Delta\theta_0$ on the performance indexes: phase difference $\Delta\varphi$ and horizontal impulse I_h - C to F: influence of the absolute stiffness values on the same indexes ($\Delta\varphi$ for C & D and I_h for E & F) for two initial leg configurations

Other parameter values: drop height = $0.08 L_{max}$; $L_0 = 0.94 L_{max}$

B. Mono- and biarticular structures

- The biarticular structure (mimicking the Gastocnemius) compensates for insufficient ankle stiffness (Fig.4-A,B), even with small values of the stiffness c_{Gas}
- As a result, synchronous flexion of both joints is obtained in a much larger range of stiffness ratios R . This holds for different initial leg configurations $\Delta\theta_0$ (here shown for 0° and 25° , Fig.4-C,D)

Figure 4: Same graphs as Fig. 3 with the mono- and biarticular structures →

Other parameter values: drop height = $0.08 L_{max}$; $L_0 = 0.94 L_{max}$
 $r_{Gas} = 2$; $c_{Gas} = 0.1 c_K$; $d_{Gas} = 0.5 \sqrt{c_{Gas}}$

